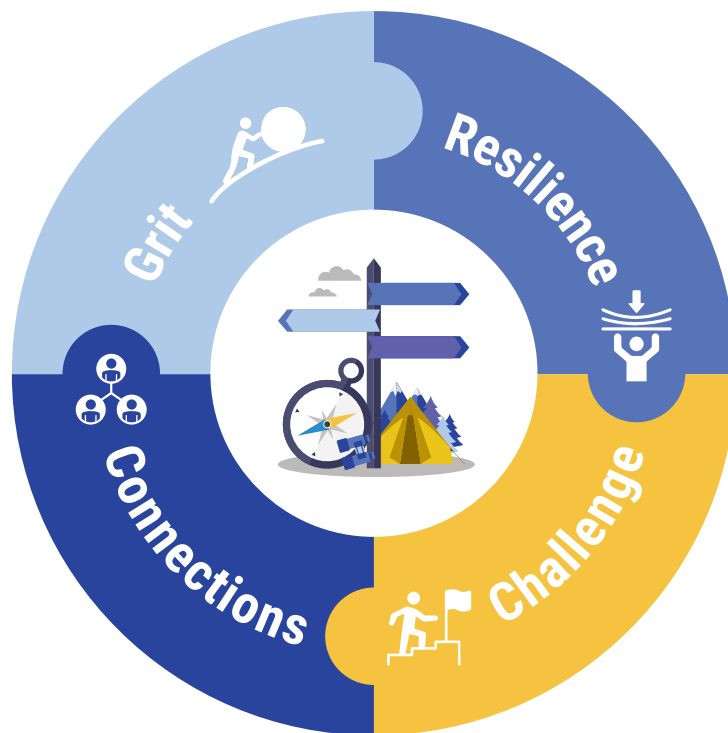


# Outdoor Education



# Outdoor Education



Our outdoor education program is focussed on students being exposed to opportunities to grow and develop grit, resilience, challenge, and build connections. These skills in alliance with the College's wellbeing program **Luminare** provide opportunities for individuals to grow and engage with a path to lead them to achieving the extraordinary.

## GRIT

We foster perseverance by encouraging students to push through discomfort and adversity. In the outdoors, they learn that persistence and determination are key to overcoming obstacles and achieving goals.

## RESILIENCE

Our program provides opportunities for students to bounce back from setbacks stronger than before. By facing and adapting to unpredictable challenges in nature, they build the confidence to handle uncertainties with grace and resourcefulness.

## CONNECTIONS

We emphasise building deep bonds with each other. Our activities promote teamwork, empathy, and fostering a sense of community and a lasting appreciation for the world around us.

## CHALLENGE

We embrace the power of challenge as a catalyst for growth. Through progressively demanding activities, students discover their strengths, confront their limitations, and develop critical problem-solving skills.

In essence, our outdoor education program partners with Luminare to develop well-rounded individuals who are equipped to face challenges with grit and resilience and work towards reaching their potential.



# Program Activities

Year	Location	Duration	Activities
4	Kindilan	1 night	include: Archery, aero ball, bushcraft, raft building, sensory trail, climbing, wacky races, low ropes, puzzle pursuits.
5	Tallebudgera	2 nights	Body boarding, rock climbing, giant swing, team challenge, village green, orienteering, team rescue, catapults.
6	Currimundi	2 nights	Body boarding, catapults, archery, caving, circus skills, Alpine team rescue, team challenge, swimming, mini Olympics.
7	Maranatha	3 nights	Archery, tower of tremble, Jacob's ladder, pool sports, group initiatives, raft building, mid ropes, challenge trail, rocket ball, giant swing, bridge building, leap of faith.
8	Lake Ainsworth	4 nights	Water initiatives, stand up paddleboards, rock climbing, pool games, archery, initiatives, canoeing, sailing, raft building, beach games, marine studies.
9	Camp Kokoda	4 nights	Activities based on Kokoda. Flying fox, canoeing, giant swing, dynamic HR, static HR, abseiling, challenge course, sugar glider, crate stack, camp out.
10	Emu Gully	4 nights	Objectives of this camp: leadership, goal setting, teamwork, communication, mateship, courage, planning and problem solving, physical exertion, negotiation, mindset/ attitude to approaching different tasks. Other activities include skirmish and buggy driving.
11	Emu Gully	4 nights	Students Camp out. Objectives of this camp: leadership, goal setting, teamwork, effective communication, mateship, courage, personal responsibility, planning and problem solving, physical exertion, reflection. Other activities include skirmish, buggy driving, fireplace.
12	Tamborine	1 night	Retreat – leadership, resilience, team building skills, hike to Witches Falls, Tribal Counsel, Tree Tops Activity – zipline, high and low ropes, hanging bridges, vertical assaults.



## Learn More

For further information on any aspect of our Outdoor Education, please contact:

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