

What to Bring



Year 5 Camp

Gold Coast Recreation Centre, Tallebudgera

PLEASE BRING:

- Fillable water bottle
- Swimming togs (no bikinis, Sheldon appropriate)
- Beach towel
- Sun shirt/ rashie
- Wide brimmed hat
- Waterproof jacket
- Sunglasses (optional)
- Aqua shoes/ old spare pair of sneakers for water activities
- Closed in shoes for outdoor activities (sneakers are ideal)
- Sunscreen SPF30+ (roll-on or tube – no aerosol)
- Insect repellent (roll-on – no aerosol)
- Hand sanitiser
- Small backpack for day activities
- Underwear
- Socks
- Shorts – knee length to wear with a harness, board shorts or ¾ length pants or leggings
- T-shirts – long enough to tuck in and have sleeves
- Warm long sleeved jumper and long pants for the evening
- Pyjamas
- 1 pair of shoes or sandals (additional to canoeing footwear)

- Sleeping bag, pillow, pillowcase, and single sheet
- Bath towel, hand towel and face washer.
- Toiletries – shampoo, conditioner, toothbrush, toothpaste, brush or comb, soap, roll on deodorant, tissues, chap stick, 3B cream (chafing after surfing), after sun moisturiser
- Torch and spare batteries
- Strong plastic bags for wet/ dirty clothes
- Thongs (for shower)

OPTIONAL

- Camera
- Book
- Notebook and pen

PLEASE ENSURE ALL ITEMS ARE LABELLED WITH YOUR CHILD'S NAME.

WHAT NOT TO BRING

- ✗ Prohibited items per College policy**
- ✗** No tank tops, singlets, sleeveless shirts, or crop tops
- ✗** Mobile phones or personal gaming devices
- ✗** Hair Dryers/ hair straighteners
- ✗** Non-prescription medications
- ✗** Pump action/ aerosol deodorants or insect repellents
- ✗** Any food – lollies, chips, chewing gum etc
- ✗** Money

PERSONAL MEDICATION

- Ventolin etc for asthmatics, antihistamine for allergies.

All medication must have a pharmacy label affixed and must be accompanied with the Administration of Medication (Camp) form which can be downloaded from the camp iLINK page.