

Sheldon College

Co-Curricular Programs 2025



Love Laughter Learning

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CO-CURRICULAR PROGRAMS 2025

Sheldon College offers a comprehensive scope of activities and experiences in the categories of Advocacy, Technology, Learning Enrichment, Arts and Sport, to empower students to have real world impact by developing their global competencies.

Our Co-Curricular Program:

- Encourages students to participate in a balanced breadth of co-curricular experiences in support of their wellbeing.
- Provides opportunities for students to grow in confidence, competence, and character so they may discover and develop their strengths.
- Fosters relationships both within and beyond the Sheldon College community so that students may achieve the extraordinary as citizens the world needs.

This booklet contains a summary of the Co-Curricular Programs available for Primary and Secondary Students in 2025. All information is subject to change.

AUSTRALIAN SCHOOL OF THE ARTS (ASTA) PROGRAMS BY YEAR LEVEL

PRIMARY	PREP	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
ARTS GROUPS							
Dance	ADA Violet (Jazz)	ADA Indigo (Jazz)	ADA Green (Jazz)	ADA Yellow (Jazz)	ADA Yellow (Jazz)	ADA Orange (Jazz)	ADA Orange (Jazz)
		ADA Pop (Hip Hop)	ADA Pop (Hip Hop)	ADA Lock (Hip Hop)	ADA Lock (Hip Hop)	ADA Stomp (Hip Hop)	ADA Stomp (Hip Hop)
Dance (Competition)	-	-	-	-	-	ADA Gold (Various)	ADA Gold (Various)
Drama	Drama Academy Fundamentals	Drama Academy Fundamentals	Drama Academy Fundamentals	Drama Academy Fundamentals	Drama Academy Fundamentals	Drama Academy Fundamentals	Drama Academy Fundamentals
Drama (Performance)	-	-	-	Drama Academy Junior Production	Drama Academy Junior Production	Drama Academy Junior Production	Drama Academy Musical/Acting
Fashion Design	-	-	-	-	-	-	-
Media	-	-	-	-	-	-	-
Theatresports	-	-	-	-	-	Drama Academy	Drama Academy
Visual Art	-	Art Stars Junior	Art Stars Junior	Art Stars Junior	Art Stars Junior	Art Stars Middle	Art Stars Middle
INDIVIDUAL MUSIC TUITION							
Brass	-	-	-	-	Private or Group	Private or Group	Private or Group
Drum Kit	-	Private	Private	Private	Private	Private	Private
Guitar	Private (Ukuele S2 only)	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group
Strings	-	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group
Percussion	-	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group
Piano	Private (S2 only)	Private	Private	Private	Private	Private	Private
Voice	Private (S2 only)	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group
Woodwind	-	-	-	Private or Group	Private or Group	Private or Group	Private or Group
VOCAL PERFORMANCE MUSIC ENSEMBLES							
Choirs	-	Melodic Minors Choir	Melodic Minors Choir	Harmonic Minors Choir	Harmonic Minors Choir	Middle College Chorale *	Middle College Chorale *
Vocal (Female)	-	-	-	-	-	-	-
Vocal (Male)	-	-	-	-	-	-	-
INSTRUMENTAL PERFORMANCE MUSIC ENSEMBLES							
Core Ensembles	-	-	-	-	Compulsory Program	Various Ensembles	Various Ensembles
Extension Ensembles	-	-	-	-	-	Various Ensembles	Various Ensembles

KEY:

Entry by Enrolment

Entry by Invitation or Audition Only

* **Middle College Chorale** consists of 2 Ensembles: **Voiceworx** (Female) and **Cap Guns** (Male).

AUSTRALIAN SCHOOL OF THE ARTS (ASTA) PROGRAMS BY YEAR LEVEL

SECONDARY	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11	YEAR 12
ARTS GROUPS						
Dance	ADA Bronze (Jazz)	ADA Bronze (Jazz)	ASTA Professionals CPA	ASTA Professionals CPA	ASTA Professionals CPA	ASTA Professionals CPA
	ADA Stomp (Hip Hop)	ADA Stomp (Hip Hop)	-			
Dance (Competition)	ADA Gold (Various)	ADA Gold (Various)	ADA Gold (Various)	ADA Platinum (Various)	ADA Platinum (Various)	ADA Platinum (Various)
Drama	-	-	ASTA Professionals CPA	ASTA Professionals CPA	ASTA Professionals CPA	ASTA Professionals CPA
Drama (Performance)	Drama Academy Musical/Acting	Drama Academy Musical/Acting	-	-	-	-
Fashion Design	-	-	ASTA Professionals	ASTA Professionals	ASTA Professionals	ASTA Professionals
Media	-	-	ASTA Professionals	ASTA Professionals	ASTA Professionals	ASTA Professionals
Theatresports	Drama Academy	Drama Academy	Drama Academy	Drama Academy	Drama Academy	Drama Academy
Visual Art	Art Stars Middle	Art Stars Middle	ASTA Professionals	ASTA Professionals	ASTA Professionals	ASTA Professionals
INDIVIDUAL MUSIC TUITION						
Brass	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group
Drum Kit	Private	Private	Private	Private	Private	Private
Guitar	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group
Strings	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group
Percussion	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group
Piano	Private	Private	Private	Private	Private	Private
Voice	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group
Woodwind	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group	Private or Group
VOCAL PERFORMANCE MUSIC ENSEMBLES						
Choirs	Middle College Chorale *	Middle College Chorale *	VOX	VOX	VOX	VOX
Vocal (Female)	-	-	Eve	Eve	Eve	Eve
Vocal (Male)	-	X-Calibre	X-Calibre	X-Calibre	X-Calibre	X-Calibre
INSTRUMENTAL PERFORMANCE MUSIC ENSEMBLES						
Core Ensembles	Various Ensembles	Various Ensembles	Various Ensembles	Various Ensembles	Various Ensembles	Various Ensembles
Extension Ensembles	Various Ensembles	Various Ensembles	Various Ensembles	Various Ensembles	Various Ensembles	Various Ensembles

KEY:

Entry by Enrolment

Entry by Invitation or Audition Only

* **Middle College Chorale** consists of 2 Ensembles: **Voiceworx** (Female) and **Cap Guns** (Male).

SPORT PROGRAMS BY YEAR LEVEL

PRIMARY	PREP	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
TEAM SPORTS							
AFL	Dev	Dev	Dev	GBC	GBC	GBC	GBC
Basketball	Dev/Club	Club	Club	GBC/Club	GBC/Club	GBC/Club	GBC/Club
Cricket (Indoor for GBC)	Dev	Dev	Dev	GBC	GBC	GBC	GBC
Football (Soccer)	Dev	Dev	Dev	GBC	GBC	GBC	GBC
Netball	-	-	-	GBC	GBC	GBC	GBC
Touch Football	-	-	Club	GBC/Club	GBC/Club	GBC/Club	GBC/Club
PRIMARY - INDIVIDUAL PERFORMANCE SPORTS							
Athletics - Junior Program	-	Dev	Dev/SAS	SAS	-	-	-
Athletics - Running	-	-	-	SAS	SAS	SAS	SAS
Athletics - Throws and Jumps	-	-	-	-	SAS	SAS	SAS
Swimming	SAS	SAS	SAS	SAS	SAS	SAS	SAS
Tennis	SAS	SAS	SAS	SAS	SAS	SAS	SAS
FITNESS CENTRE (STRENGTH & CONDITIONING)							
Athletic Foundations Program	-	-	-	-	-	SAS	SAS
SECONDARY	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11	YEAR 12	
TEAM SPORTS							
AFL	GBC	GBC	GBC	GBC	GBC	GBC	
Basketball	GBC/Club	GBC/Club	GBC/Club	GBC/Club	GBC/Club	GBC/Club	
Cricket (Indoor)	GBC (Boys)	GBC (Boys)	GBC (Boys)	GBC (Boys)	GBC (Boys)	GBC (Boys)	
Football (Soccer)	GBC	GBC	GBC	GBC	GBC	GBC	
Netball	GBC (Girls)	GBC (Girls)	GBC (Girls)	GBC (Girls)	GBC (Girls)	GBC (Girls)	
Touch Football	GBC/Club	GBC/Club	GBC/Club	GBC/Club	GBC/Club	GBC/Club	
Volleyball	GBC	GBC	GBC	GBC	GBC	GBC	
INDIVIDUAL PERFORMANCE SPORTS							
Athletics - Running	SAS	SAS	SAS	SAS	SAS	SAS	
Athletics - Throws and Jumps	SAS	SAS	SAS	SAS	SAS	SAS	
Swimming	SAS	SAS	SAS	SAS	SAS	SAS	
Tennis	SAS	SAS	SAS	SAS	SAS	SAS	
FITNESS CENTRE (STRENGTH & CONDITIONING)							
Strength & Conditioning	SAS	SAS	SAS	SAS	SAS	SAS	

KEY:

Dev: Development Program **GBC:** Greater Brisbane Conference Saturday Interschool Sport **Club:** Club Sport **SAS:** Sheldon Academy of Sport

TEAM SPORT PROGRAMS BY TERM

		TERM 1	TERM 2	TERM 3	TERM 4
TEAM SPORTS					
AFL		GBC Primary (3-6) GBC Secondary (Boys) GBC Secondary (Girls)	-	Development Program (P)	Development Program (1-2)
Basketball		Development Program (P) GBC Secondary (Girls) Basketball Club (1-12)	Basketball Club (P-12)	GBC Primary (3-6) GBC Secondary (Boys) Basketball Club (P-12)	Basketball Club (P-12)
Cricket	Outdoor	-	Development Program (P-2)	-	-
	Indoor	-	GBC Primary (3-6) GBC Secondary (Boys)	-	-
Football (Soccer)		-	GBC Secondary (Girls)	Development Program (1-2) GBC Primary (3-6) GBC Secondary (Boys)	Development Program (P)
Netball		GBC Primary (3-6)	GBC Secondary (Girls)	-	-
Touch Football		Touch Football Club (2-12)	GBC Primary (3-6) GBC Secondary (Boys) Touch Football Club (2-12)	GBC Secondary (Girls) Touch Football Club (2-12)	Touch Football Club (2-12)
Volleyball		GBC Secondary (Boys)	-	GBC Secondary (Girls)	-

SHELDON ACADEMY OF SPORT PROGRAMS BY TERM

		TERM 1	TERM 2	TERM 3	TERM 4
INDIVIDUAL PERFORMANCE SPORTS					
Athletics	Development Program (Years 1 and 2)				
	Junior Athletics (Years 2 and 3)				-
	Running Training (Years 4 to 12)				Running Training (Years 3 to 12)
	Throws & Jumps Training (Years 7 to 12)		Throws & Jumps Training (Years 4 to 12)		Throws & Jumps Training (Years 7 to 12)
Swimming		Learn to Swim (including Squad Preparation) Swimming Squads and Club (competency based - generally Years 5 to 12)			
Tennis		Tennis Lessons and Match Play Programs (Prep to Year 12)			
FITNESS CENTRE (STRENGTH & CONDITIONING)					
Strength & Conditioning		Athletic Foundations Gym Program (Year 6, Year 5 in Term 4 Only) Strength & Conditioning (Years 7 to 12)			

ACADEMIC ENRICHMENT PROGRAMS (AEP) BY YEAR LEVEL

PRIMARY	PREP	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
Chess Club	-	-	Open to all	Open to all	Open to all	Open to all	Open to all
Debating	-	-	-	-	-	Open to all	Open to all
Maths X	-	-	-	-	-	Invitation	Invitation
Titans (Gifted & Talented)	-	-	-	-	-	Invitation	Invitation
Chinese Tutorials	-	-	-	-	-	Open to all	Open to all
English Tutorials	-	-	-	-	-	Open to all	Open to all
Maths Tutorials	-	-	-	-	-	Open to all	Open to all
Science Tutorials	-	-	-	-	-	Open to all	Open to all

SECONDARY	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11	YEAR 12
Chess Club	-	-	-	-	-	-
Debating	Open to all	Open to all	Open to all	Open to all	Open to all	Open to all
Maths X	Invitation	Invitation	Invitation	-	-	-
Science Academy	Open to all	Open to all	Open to all	Open to all	Open to all	Open to all
Titans (Gifted & Talented)	Invitation	Invitation	Invitation	Invitation	-	-
UQ Science Ambassadors	-	-	-	-	Invitation	-
Chinese Tutorials	Open to all	Open to all	Open to all	Open to all	Open to all	Open to all
English Tutorials	Open to all	Open to all	Open to all	Open to all	Open to all	Open to all
Maths Tutorials	Open to all	Open to all	Open to all	Open to all	Open to all	Open to all
Science Tutorials	Open to all	Open to all	Open to all	Open to all	Open to all	Open to all

TECHNOLOGY PROGRAMS BY YEAR LEVEL

PRIMARY	PREP	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
Junior Robotics	-	Open to all	Open to all	Open to all	-	-	-
Competition Robotics	-	-	-	-	Open to all	Open to all	Open to all
Esports Competition	-	-	-	-	-	Open to all	Open to all
Game Development	-	-	-	-	-	Open to all	Open to all

SECONDARY	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11	YEAR 12
Competition Robotics	Open to all	Open to all	-	-	-	-
Advanced Competition Robotics	-	Open to all	Open to all	Open to all	Open to all	Open to all
Esports Competition	Open to all	Open to all	Open to all	Open to all	Open to all	Open to all
Game Development	Open to all	Open to all	-	-	-	-